

MINUTES
San Bernardino County
BEHAVIORAL HEALTH COMMISSION PUBLIC SESSION
October 7, 2010; 12:00-2:00 pm
BHRC, 850 E. Foothill Blvd. - Auditorium
Rialto, CA 92376

Commissioners Present:

Chris Massa, Roberto Casas, Gabriel Gonzales Monica Wilson, Susan McGee-Stehsel, Veatrice Jews, Jane Mercer, Tom Rivera, May Farr, Monica Alonso, Bill Swift, Tanya Perry and Talli Simmons on behalf of Supervisor Neil Derry.

Excused Absent: David Ford, Jane Godager

Absent: Michael Hill

Guests:

Allan Rawland Director; Debi Pasco Clerk of the Mental Health Commission; Angel Baltazar, Office of Supervisor Josie Gonzales; Joe Guzman, EMQ; V. Diane Woods Dr,PH, Laticia Smith Nacole Smith, Denise Hinds, Wanda Williams, African American Health Institute; Stephen Garrett, VCSS; Hope Anderson, MHS Inc; Wilma Shepard, Linda Hart, African American Mental Health Coalition; Julia Perez, SBPEA, John Aguirre, Debbie Sudermo, NAMI CA; Beverly Scott, family member; Maria Velasco, Marion Howard Team House; Faith Ikeda, Michelle Sheffield, Linda Ballard, Pathways; Cristina Estrada, Secia Vasquez, Jennifer Ogden, Natalia Martinez, Nydia Gonzalez, Mayra Dereza, Valerie Hutanruk, Frances Logan, LaKeesha Blair, Samantha Serna, Marvin Simandjuntak, Scott Harper, Allison Koch, Irma Hernandez, Virginia Satow, Alberto Rivedeneyra, Ana Villegas, Kristina Carolino, Sam Cotton, Crystello Agcopra, Chrissian Rose, Jamie Phillips, Natalie Telfer, Wesley Kohar, Ashley Aguilera, Cal State Nursing students; Lisa Hamilton, David Denkers, Christina Entz, Jonathan Buffong, Tim Jackson, Marilyn Ashton, Ron Smith PhD, Doris Turner, Benita Ramsey, Megan CuyCastellanos, Cynthia White, CaSonya Thomas, Bob Sudol, Kim Rosa, Kristen Martinez, Mike Schertell, Tim Hougen, Lynn Neuenswander, Lauretta Ross, Gary Atkins, Mike Oliver, Susanne Kulesa, Jatin Dalal MD, Dorean Glenn, Jason Hill, Michelle Dusick, Mariann Ruffolo, Sarah Eberhardt-Rios, Veronica Kelley, Jennifer Gonzalez, DBH

CALL TO ORDER, INTRODUCTIONS AND MINUTES FROM LAST MEETING

Acting Chairperson Susan McGee-Stehsel called the meeting to order at 12:00 p.m. Self introductions followed.

The members of the Commission approved the agenda for today's meeting. The Public Session minutes of 9/2/2010 were approved as written.

CULTURAL COMPETENCY AWARD OF EXCELLENCE

The members of the Behavioral Health Commission approved that this item be tabled until the 11/4/10 meeting due to an unexpected arrival delay of the award recipient.

PUBLIC COMMENTS

No public comments were provided.

CHAIRPERSON'S REPORT

Acting Chairperson Susan McGee-Stehsel recently met with DBH executives to explore the integration of Cal State nursing student interns into DBH clubhouses and clinics. Long term planning includes expansion to other nursing schools. Susan was invited to shadow our busiest clinic in order to determine the greatest service students could provide. Last spring, the Cal State nursing students were invited to host a behavioral health fair at TEAM House. The students wished to recognize Bob Sudol and Christopher Massa with a picture of the event for their assistance with coordination. Bob shared that as a result of the health fair some lives may have been saved. Susan invited

everyone to participate in a wellness, recovery and resiliency discussion with the nursing students directly after this meeting.

COMMISSIONER REPORTS

First District:

Commissioner Gabriel Gonzales received a call from Alice Washington of CA Institute of Mental Health (CIMH) requesting to use his artwork, entitled "Yellow Brick Road", for a children's fundraiser.

Commissioner Bill Swift thanked Kim Rosa, Patients' Rights Advocate for assistance in reducing a client's 25 years to life sentence down to a year due to non-compliance of medication.

Second District:

Commissioner Monica Alonso participates in many DBH programs, including Full Service Partnership, Upland Clubhouse and Peer and Family Advocate classes. Her goal is to go back to school for her Master's degree.

Commissioner May Farr attended the High Desert Crisis Walk-in Center Community Appreciation Day on 9/22/10. Supervisor Mitzelfel provided opening remarks. On 9/29/10, the Ash Center for Democratic Governance and Innovation, Harvard University, honored the San Bernardino County Community Crisis Services with a Bright Idea award. Bright Idea serves to recognize promising government programs and partnerships that others might find useful when faced with challenges. May recently attended the annual Patton conference and Consumer Day at the Government Center.

Third District:

Commissioner Chris Massa announced the kickoff of the annual Wellness Triathlon events: Bowling on October 16, NAMI Walks on November 6, 2010, and the Talent and Awards Night on December 16th.

Commissioner Tanya Perry shared copies of the Mountain Resource Directory.

Fourth District:

Commissioner Monica Wilson announced the first week of October is Mental Health Awareness Week. She also announced the Inland Community Resource Fair to be held on 10/9/10. As a member of the CA Mental Health Planning Council, Monica will attend their quarterly meeting to be held October 20-22 in Sacramento. She has been involved in discussions at Chaffey College regarding "bullying", which has resulted in 2 suicides.

Commissioner Roberto Casas announced that Dr. Tom Rivera will be honored at the 2nd Annual Hispanic Heritage Celebration – "Education: the Future is Now" on 10/14/10. Dr. Casas attended the Latino Behavioral Health Institute (LBHI) Conference on 9/24/10. A notable workshop included: "Border Violence – A Tale of Two Cities": drug cartels hire students to perform hits, clinical staff are victims of attacks, and there is a greater risk of being killed in Ciudad Mexico than in Iraq. He returned from the conference with several manuals which he donated to the Training Institute professional library. Also in attendance at the conference was Dr. Larry Gasco, LA County Mental Health Commission, who looks forward to continued collaboration with the San Bernardino County Behavioral Health Commission.

Commissioner Jane Mercer has been assisting the homeless with food, housing and resources at the New Hope agency in Ontario. 50% of chronic homeless individuals with a mental disability/serious psychosis also present with cancer or emphysema, etc. She encouraged the nursing students to consider working with this population, as there is a tremendous need for people on the streets to access services.

Fifth District:

Commissioner Veatrice Jews invited everyone to participate in the African American Mental Health Coalition press conference to be held at the County Government Center on 10/18/10 at 10:00 am, to raise awareness and promote

advocacy regarding the passing of ACR 150, recognizing the second week in February as African American Mental Health Awareness Week.

DIRECTOR'S REPORT

Director Rawland commended Commissioner Tom Rivera for his 40+-year commitment to education in San Bernardino County and his recognition by the Hispanic Employee Alliance on 10/14/10. He also complimented Commissioner Susan McGee-Stehsel for emphasizing nurses in the mental health field in this significant time of healthcare reform.

FY 2010-2011 State and County Budget

There is no official state budget yet to balance the \$19.1 billion shortfall. There are ongoing debates regarding social and healthcare services; however, the Jobs Bill has passed, as well as the extension of increased Federal participation (FFP or FMAP) of 61.59% until 6/30/10, at which time we will need to address \$6 million deficit. Legislation increased higher education by \$5.5 million.

The Board of Supervisors and County Administrative Officer have developed a taskforce to come up with a San Bernardino County Vision Statement. District Advisory Committees, community coalitions and contract providers will be able to provide input during upcoming focus groups and workshops.

MHSA

The MHSA preliminary forecast is not as bad as once thought:

- Community Support Services – 5% reduction
- Prevention and Early Intervention (PEI) – 14% reduction
- Innovation - \$2.5 million allocation
- Prudent Reserves should be retained this year

San Bernardino County DBH is partnering with sister counties, through CalMHSA, to implement the PEI Statewide Projects:

- Suicide Prevention
- Stigma and Discrimination Reduction
- Student Mental Health Initiative

What is Recovery Presentation:

For many years people's choice were taken away when it came to their mental health and substance abuse treatment. The new recovery concept is about choice, dignity and respect. Client participation on the treatment team is essential.

SPECIAL PRESENTATION: African American Health Institute Contract with CA Department of Mental Health

Commissioner Veatrice Jews introduced Dr. V. Diane Woods, President and CEO of the African American Health Institute (AAHI) as our guest speaker today. Dr. Woods has over 40 years in the healthcare field. In March 2010, the African American Health Institute was awarded the Department of Mental Health (DMH) Reducing Disparities in Populations (CRDP) Report Project contract. There are multiple diverse individuals and groups participating in this Project, set for completion in February 2012. The Project's vision is to engage the collective wisdom of people of African ancestry living in the State of CA to create a strategic plan to address mental and behavioral health issues within the population.

Linda Hart stated that the AAHI is doing a great job on the Project. Director Rawland commended AAHI for winning the DMH contract and looks forward to future collaboration with AAHI.

Upcoming Special Presentations include:

- 11/4/10: 1115 Waiver-Bridge to Healthcare Reform by Sarah Eberhardt-Rios, Acting Deputy Director, DBH
- **12/2/10: BEHAVIORAL HEALTH COMMISSION DARK due to Holiday Tea and Awards Ceremony**

- 1/6/11: County of San Bernardino Cultural Competency Plan by Veronica Kelley, Cultural Competence Officer
- 2/3/11: Jail Mental Health Services by Teri Self, Program Manager, Adult Forensic Services
- 3/3/11: Inland Valley Recovery Services by Pamela Nichols, Youth Services Coordinator

NEW BUSINESS

- Establish 2011 Election of Officer Nominating Committee – It was approved that Commissioners Bill Swift, Chris Massa, and Jane Mercer would determine the slate of officers for the January 7, 2011 election of Behavioral Health Commission Officers. Chris Massa was approved as Chair of this Committee.
- Establish 2010 Holiday Tea Awards Nominating Committee – It was approved that Commissioners Monica Alonso, Veatrice Jews and Susan McGee-Stehsel review the nominations and determine the award recipients for December 2, 2010 Behavioral Health Commission Holiday Tea and Awards Ceremony.

OUTSIDE AGENCY REPORTS

Lynn Neuenswander, Public Information Officer announced the following upcoming events:

- Month of October: Latino Art Fair at the County Government Center
- 10/6/10: Clubhouse and TAY Day at the Government Center. This event resulted in 25 inquiries to join.
- 10/9/10: STREET Team Youth Group Resource Fair
- 10/8/10: Bi-National Consulate of Mexico Health Fair
- 10/14/10: Hispanic Heritage Month Celebration at the Hilton San Bernardino. Dr. Tom Rivera, Behavioral Health Commission, Third District will be honored for his dedication to education for over 40 years.
- 11/6/10: NAMI Walk, Diamond Valley Lake, Hemet
- 12/16/10: Wellness Triathlon Talent Show and Awards Ceremony

Lynn also mentioned that thousands of consumer art entries are submitted to CIMH every year and Commissioner Gabriel Gonzales' entries are consistently selected. Congratulations, Gabriel!

DISTRICT ADVISORY COMMITTEE (DAC) MEETINGS

First District:

First DAC meets the 3rd Wednesday of the month at 11am at the Victorville Behavioral Health Clinic. SELPA will provide a presentation at the 10/13/10 meeting.

Third District:

Third DAC will meet at SOAR Clubhouse, Phoenix Clinic. Laretta Ross, Peer and Family Advocate will present.

Fifth District:

Fifth DAC was held on 9/30/10 at 5:30pm at the Behavioral Health Resource Center Auditorium.

ADJOURNMENT

Being no further items to discuss the meeting was adjourned at 2:10 p.m.

Susan McGee-Stehsel
Acting Chairperson

Debi Pasco
Clerk of the Behavioral Health Commission